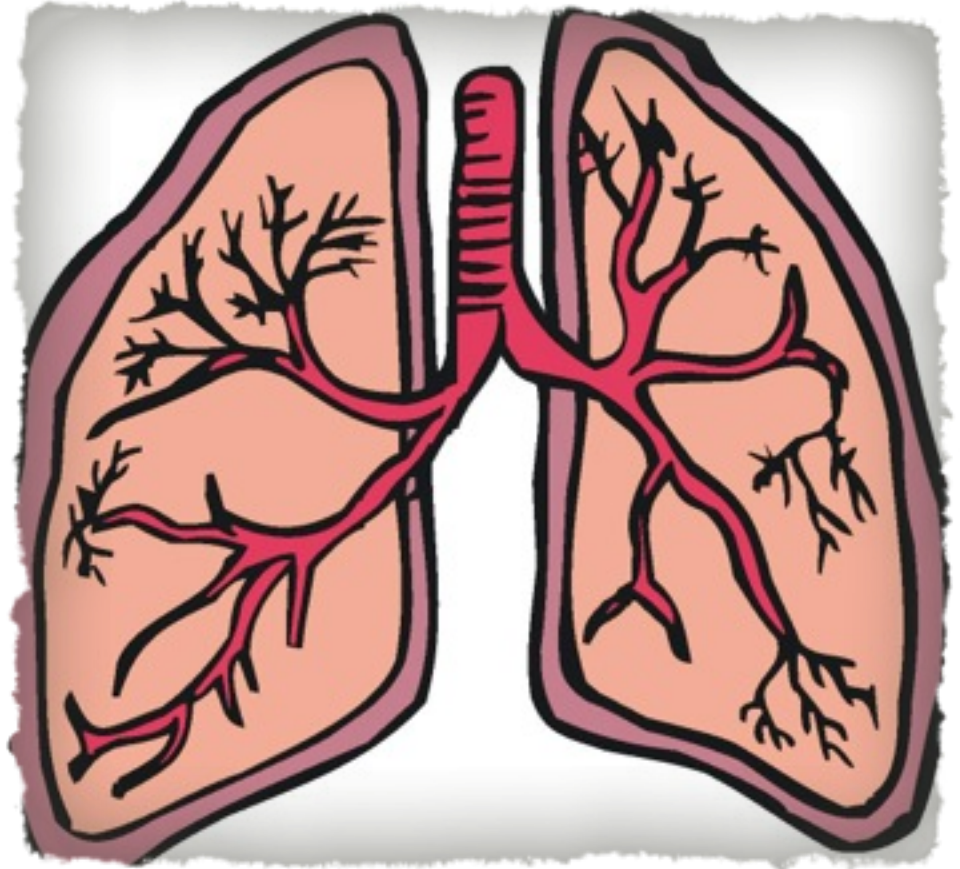


CHNA 22

Greater Brockton Community Health Network Area 22



Asthma

Did You Know...

...That 75.7% and 62% of asthmatic adults and children in the Commonwealth of Massachusetts (respectively) suffer from “not well controlled or very poorly controlled asthma”?¹

...That only 1 out of 5 adults aged 65 years and older in Massachusetts had “well-controlled asthma”?²

Recognize the symptoms of an asthma attack...³

• Chest tightness

• Shortness of breath

• Wheezing/Coughing

• Inability to alleviate symptoms after use of emergency inhaler(s)

No Idling!

No one in MA can idle a vehicle for greater than 5 minutes



Asthma in the Workplace



- Develop non-smoking policies and designate smoking areas
- Make employees aware of the chemicals they will be using and their risks
- 4
- Quickly take care of any and all water damage

The mission of the Greater Brockton CHNA

is to work toward healthier communities by promoting collaboration between CHNA partners, providing support to local health initiatives and prevention programs, and educating and increasing awareness of local identified health issues throughout the communities it serves.

Greater Brockton Community Health Network Area (CHNA 22)
c/o Stoughton Youth Commission
PO Box 582
chna22.org

1. *Strategic Plan for Asthma in Massachusetts: 2009-2014*. May 2009. p. 13.
2. *Asthma Among Older Adults in Massachusetts*. May 2011.
3. *Asthma attack: Symptoms* - MayoClinic.com. 2013.
4. *Commonwealth of Massachusetts Department of Public Health: Worksite Wellness Program Toolkit*. June 2012. p. 165.