

# CHNA 22

Greater Brockton Community Health Network Area 22



## Nutrition and Fitness: CHNA Schools

The DPH and partnering departments are charged with developing nutritional standards for MA public schools.

- readily available fresh water
- sell fruits and vegetables
- halt fryolator use
- make nutritional information available on non-packaged foods

### The Essential School Health Service Program (ESHS)

- Schools that meet the predetermined ESHS requirements are provided grant assistance to enhance healthcare access for students

*As of 2009/10, Bridgewater-Raynham, Brockton, Stoughton, and West Bridgewater receive ESHS funding.*

### “An Act Relative to School Nutrition”

- Signed into law July 2010
- Seeks to combat issues such as obesity, Type 2 Diabetes, and serving nutritious foods in schools

## MA Students and BMI

**Overweight/Obese Children in Grades 1, 4, 7, 10 in Massachusetts School Districts, 2010-2011: Majority of CHNA 22 Schools**

Source: “The Status of Childhood Weight in Massachusetts, 2011: Preliminary Results from Body Mass Index Screening in Massachusetts Public School Districts, 2009-2011”

School District	% Overweight or Obese (Male and Female)
Avon	44%
Bridgewater-Raynham	30.8%
Easton	29.2%
Holbrook	43.4%
Stoughton	38.7%
West Bridgewater	29.9%
Whitman-Hanson	38.7%